

TRACY HUTCHINSON, PH.D.

Psychotherapy and Consulting

LICENSED PSYCHOTHERAPIST, CLINICAL SUPERVISOR, CONSULTANT, AND EDUCATOR

ABOUT ME

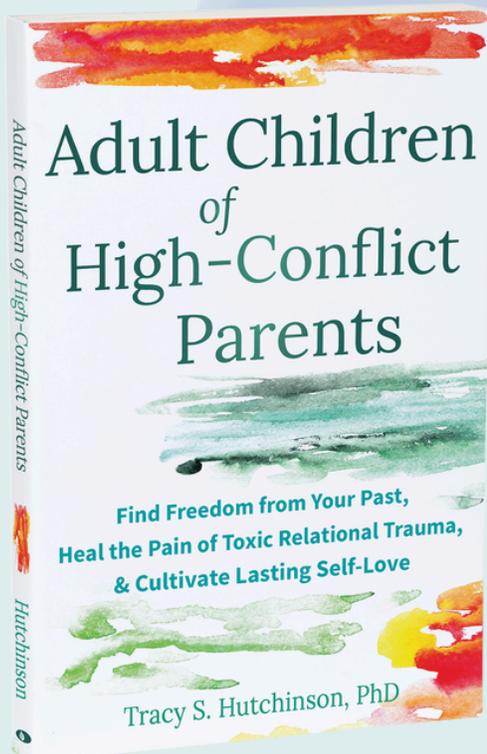
Dr. Tracy Hutchinson specializes in narcissistic and sociopathic abuse, relational trauma, resilience, and spiritual wellness. She currently serves on the faculty at The College of William & Mary in the Clinical Mental Health Counseling graduate program.

Dr. Hutchinson is the author of *Adult Children of High-Conflict Parents*, a groundbreaking book offering insight and strategies for healing from invisible family trauma. Her clinical work bridges cutting-edge research with deep compassion, empowering individuals to break generational patterns and reclaim their sense of self.



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SPEAKING & EXPERTISE

Key Topics:

Narcissistic and sociopathic abuse in families and relationships
Healing family relational trauma
Mental strength and resilience
Spirituality in recovery
Emotional empowerment and self-love

Audience:

Mental health professionals, survivors of relational trauma, adult children of high-conflict families, academic institutions, spiritual wellness communities.

AS FEATURED ON

Psychology Today



VOGUE

Woman's World

SELF



AP



For more, visit:
www.drtracyhutchinson.com/
